

# ROSALINA

MELALEUCA ERICIFOLIA 5 ML



Certified Pure Tested Grade

## PRIMARY BENEFITS

- CAMPHOROUS AND LEMONY AROMA
- BRIGHT AND REFRESHING AROMA, IDEAL AROMA FOR A DULL WINTER'S DAY.

## PRODUCT DESCRIPTION

Rosalina (*Melaleuca ericifolia*) also called the Swamp Paperbark and is native to Eastern Australia. It is a small to medium-sized tree, growing up to 9 m tall and found along creek and river flats and in swamps in Eastern and cooler parts of Australia. Rosalina has creamy white flowers that flower mainly in spring. Rosalina essential oil is distilled from the leaf of the plant and has different constituents to other melaleuca oils bringing about other properties. It has a camphorous and lemony aroma.

## USES

- Start your day with the distinct and refreshing lemony aroma.
- Try diffusing 3-4 drops in the diffuser. Blends well with Bergamot and Lavender essential oils.
- Dilute in a carrier oil and use as part of an invigorating aromatic massage.

## DIRECTIONS FOR USE

Aromatic: Add 3-4 drops to your diffuser.

Topical Use: Dilute 1 drop in 2 drops of carrier oil to minimise skin sensitivity.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. NOT TO BE TAKEN.

Possible skin sensitivity. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

**AROMATIC DESCRIPTION:** Camphorous and lemony

**INGREDIENTS:** Melaleuca ericifolia (Rosalina) Leaf Oil

**MAIN CHEMICAL COMPONENTS:** Eucalyptol,  $\alpha$ -pinene, Linalool



# JASMINE (ABSOLUTE)

JASMINUM GRANDIFLORUM 5 ML



Certified Pure Tested Grade

## PRIMARY BENEFITS

- A CALMING AND EUPHORIC AROMA FOR AN INDULGENT AROMATIC EXPERIENCE.
- A PERSONALISED FRAGRANCE THAT CAN BE ADDED TO YOUR DAILY MOISTURISER.

## PRODUCT DESCRIPTION

Renowned as the “King of Flowers,” Jasmine is prized for its delicate white flowers, which emit a highly fragrant aroma for up to 36 hours after being hand-picked. Extracting Jasmine is labour-intensive and must be done at daybreak, when the flowers are most fragrant and have the highest percentage of components intact. Jasmine provides a myriad of benefits, both aromatically and topically. Its esteemed fragrance can be both a calming or euphoric aroma. Ideal to be enjoyed at any time desired. Due to the large amount of flowers needed to produce a small amount of oil, Jasmine is highly sought after in both the perfume industry and in aromatherapy.

## USES

- Combine one drop with dōTERRA conditioner in the palm of hand, then apply to hair for a unique aromatic experience.
- Combine 1-2 drops to your moisturiser.
- Apply to pulse points with some Fractionated Coconut Oil to enjoy a personal fragrance throughout the day.

## DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity. See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

**PLANT PART:** Flower

**EXTRACTION METHOD:** Absolute

**AROMATIC DESCRIPTION:** Intensely floral, warm, musky, exotic

**MAIN CHEMICAL COMPONENTS:** Benzyl acetate, benzyl benzoate



# ROSE

ROSA DAMASCENA 5 ML



Certified Pure Tested Grade

## PRIMARY BENEFITS

- IDEAL TO ADD TO A CARRIER OIL OR MOISTURISER.
- SOOTHING, SWEET, REJUVENATING AND STIMULATING AROMA

## PRODUCT DESCRIPTION

Rosa damascena, more commonly known as the Damask rose, is a small shrub with thorny stems. Originally from the Syrian capital Damascus, it is highly sought after for its many properties. Before the sun crests the horizon in Bulgaria, workers can be found in fields harvesting the delicate bloom of the Rosa damascena. The labour-intensive production process has a very low yield; takes more than 10,000 freshly picked rose blossoms to produce only one 5mL bottle of Rose essential oil. Because the petals are so delicate, the distillation process must happen the same day that the flower is harvested. From this labor comes an essential oil known for its sweet floral aroma, beautiful and romantic. Diffuse Rose essential oil for an uplifting aroma, the blooming floral fragrance is ideal when thinking about feelings of love, care, and comfort. Apply topically in daily skin care routines. Rose essential oil is extensively used as a fragrance ingredient in perfumes, creams, lotions and soaps.

## USES

- Combine one to two drops with the dōTERRA moisturiser of your choice and apply.
- Diffuse in the morning for an uplifting aroma and a vivacious start to the day.

## DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Dilute 1 drop of essential oil to 10 drops carrier oil to minimise skin sensitivity.

## POISON

KEEP OUT OF REACH OF CHILDREN.

## CAUTIONS (AS DETAILED)

Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician.

## SAFETY DIRECTIONS

Avoid contact with eyes, inner ears and sensitive areas. Wash hands after use.

## FIRST AID:

For advice, contact a Poisons Information Centre (e.g. phone Australia 131126; New Zealand 0800 764 766) or a doctor (at once).

**PLANT PART:** Flower

**EXTRACTION METHOD:** Steam distillation

**AROMATIC DESCRIPTION:** Floral, sweet, earthy

**MAIN CHEMICAL COMPONENTS:** Citronellol, Geraniol, Nonadecane, Nerol

