

My dōTERRA Power Hour

My Goals:

Date _____

M T W T F

① Learn	② Prospect
③ Support	④ Plan

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Suggested Activities

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1 <i>Learn 15-30 mins</i>	2 <i>Prospect 15-30 mins</i>
<ul style="list-style-type: none">• Audio books/ books• Natural Wellness Lifestyle Course• Energy Balancing with Faith• Buisness Building with Faith• Others	<ul style="list-style-type: none">• Call or meet people• Sample according to needs• Make or strengthen friendship• Email/text/message• Enroll• Follow up
3 <i>Support 15-30 mins</i>	4 <i>Plan 15-30 mins</i>
<ul style="list-style-type: none">• Follow up on new members• Follow up on teammates & leaders• Connect to team mates through social media, newsletters, texts, emails, phone calls	<ul style="list-style-type: none">• Review or create strategies and plans about structure, volume etc.• Set and review goals• Plan classes, lunches, workshops etc.• Plan what to do for tomorrow's power hour

Example

My dōTERRA Power Hour

My Goals:

Date April 20

*Increase Jane's Team volume
by 1k this month*

M T W T F

① Learn	② Prospect
<i>watch video on sleep</i>	<i>call Ann</i>
	<i>text Madison</i>
③ Support	④ Plan
<i>post on sleep</i>	<i>schedule class w/ Jane</i>
<i>connect to Jessica</i>	<i>plan what to watch & who to contact tomorrow in box 1,2,3</i>
<i>Mentor Jane</i>	

Example

My dōTERRA Power Hour

My Goals:

Date April 20

*Increase Jane's Team volume
by 1k this month*

M **T** W T F

① Learn	② Prospect
<i>watch video on LRP</i>	<i>call Julie</i>
<i>watch video on stress</i>	<i>text Sue</i>
③ Support	④ Plan
<i>post on stress</i>	<i>Write newsletter about stress</i>
<i>connect to Janet</i>	
<i>plan what to watch & who to contact tomorrow in box 1,2,3</i>	