

---

# TOP 10 USES FOR PINK PEPPER<sup>®</sup> OIL

---

- 1. Cleansing Cells Of Meds:** 1-2 drops of each of Pink Pepper, Black Pepper, Copaiba. Take in a capsule 2-3 times a day.
- 2. Energy, Lymphatic & Candida Cleansing:** 1-2 drops of each of Pink Pepper, Black Pepper, Copaiba. Take in a capsule 2-3 times a day. This will also promote proper perspiration.
- 3. Cellular Support:** Combine 2 drops Frankincense and 2 drops Pink Pepper in a veggie capsule and take 2-3 times a day for 2-4 months.
- 4. Gut & Digestion:** Combine a few drops of Pink Pepper with a few drops of Digestzen, Cardamom, and Citrus oils and take internally 2-3 times a day for gut and digestion support.
- 5. Appetite:** Balance your appetite with Pink Pepper and Citrus oils. Take a few drops of each internally or apply on the bottom of the feet.
- 6. Respiratory & Lungs:** Apply Pink Pepper and Breathe on chest and the bottom of the feet. Diffuse and inhale to support normal lung function.
- 7. Menstrual Balancing & Cramps:** Dilute with Fractionated Coconut oil and massage a combination of some or all of these oils over the abs during the monthly cycles: Pink Pepper, Bergamot, Frankincense, Marjoram, Geranium, Roman Chamomile
- 8. Blood Sugar Support:** Combine a few drops of Pink Pepper with a few drops of each of Cassia, Cinnamon, Grapefruit, Clove and take internally 2-3 times a day to support and blood sugar balance.
- 9. Aphrodisiac:** Dilute and combine with Ylang Ylang and Jasmine and apply it to wrists and ankles. Also diffuse this combination to spice up the romance.
- 10. Circulation, Inflammation & Joints support:** Combine Pink Pepper with Marjoram and Lemongrass and dilute with Fractionated Coconut oil. Apply on joints, legs, and other areas of concern for relief.

\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

