

Northern Escape

Essential Oil Blend

dōTERRA® | CANADA

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade®

Application: A T N

Ingredients: Black Spruce, Siberian Fir, Balsam Fir, Lavandin, Cedarwood, Cypress, Hinoki, Frankincense, Nootka, Cananga, and Clove essential oils

Aromatic Description: Piney, fresh, clean

PRODUCT DESCRIPTION

Northern Escape essential oil blend combines the fresh, piney aromas of Black Spruce oil and Siberian Fir oil with a variety of carefully selected, exclusive essential oils to create a bottled escape to the woods. With its calming, inspiring aroma, Northern Escape is ideal for diffusion and diluted topical application in lotions or massage.

USE

Cosmetic

- Add one drop to large dollop of hand and body lotion and use on arms, legs, feet, and hands for an inspiring aroma.
- Combine one to two drops with Fractionated Coconut Oil and use in a massage for a calming, woody aroma.

Household

- Mix several drops with water and add to a 30 mL spray bottle to use as a room and linen mist.
- Diffuse in common areas of the home for an uplifting, fresh aroma.
- Add one to two drops to a naturally sourced or DIY all-purpose surface cleanser for a hint of pine aroma.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

CAUTIONS

For external use only. Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

