

# Galbanum

*Ferula galbaniflua* 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



**CP** **TPG** Certified Pure Therapeutic Grade®

**Application:** **A** **T** **N**

**Plant Part:** Resin

**Extraction Method:** Steam distillation

**Aromatic Description:** Earthy, green

**Main Chemical Components:**  $\beta$ -pinene, 3-carene,  $\alpha$ -pinene

## PRIMARY BENEFITS

- Cleansing properties
- Creates a fresh and soothing aromatic experience
- May be soothing to the joints

### Galbanum

*Ferula galbaniflua* 5 mL

Wholesale: \$40.00

PV: 40

\*Available only in the Ancient Oils Collection, a Holiday 2020 LTO

## PRODUCT DESCRIPTION

Egyptians used galbanum for incense and embalming the dead. The Roman and Greek civilizations used it in beauty products like balms and perfume. Hippocrates used it for various wellness purposes. Galbanum was even mentioned in the Bible. Part of the carrot family and related to caraway and fennel, the galbanum plant is a tall, bushy perennial herb with small flowers, shiny leaves, and smooth stems. The gum resin is released when the base of the stem is cut. Providing cleansing benefits, dōTERRA CTPG® Galbanum essential oil has a complex aroma that is fresh, green, earthy, and woody. Galbanum blends well with Rose, Lavender, Geranium, and Frankincense. Added to Fractionated Coconut Oil, it provides a soothing and calming massage after a workout or a hard day.

## USES

- Add a drop to your favorite facial, body or surface cleanser.
- Diffuse for a fresh aroma.
- Include in a relaxing massage.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

