

Cistus

Cistus ladaniferus 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CP **TG** Certified Pure Therapeutic Grade®

Application: **A** **T** **N**

Plant Part: Leaves/Branches

Extraction Method: Steam distillation

Aromatic Description: Warm, sweet, almond/
cherry like

Main Chemical Components: α -pinene,
Camphene, Bornyl acetate

PRIMARY BENEFITS

- Provides a rich, sweet, warm aroma
- Creates a tranquil and peaceful environment
- May be soothing to the skin
- Helps keep the surfaces of your home clean

Cistus

Cistus ladaniferus 5 mL

Wholesale: \$55.00

PV: 55

*Available only in the Ancient Oils
Collection, a Holiday 2020 LTO

PRODUCT DESCRIPTION

Cistus is a fast-growing, perennial shrub found on rocky soil. Its large, paper-thin, rose-like flowers last only a single day and have no fragrance. Cistus essential oil comes from the sticky, resinous leaves and branches and features a sweet almond, cherry-like aroma. Also known as Rock Rose, Sun Rose, Rose of Sharon, and Labdanum, Cistus has been used for perfume and incense since Biblical times. For centuries, Cistus has been used during meditation and for wellness purposes. High in α -pinene, dōTERRA Cistus essential oil may be soothing and calming to skin according to experimental research. Due to its cleansing properties, it can be added to household cleaning products.

USES

- Apply to skin for a calming effect.
- Use with Fractionated Coconut Oil for a comforting massage.
- Add to a room diffuser to refresh the space.
- Useful during meditation.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

