

# Cananga

Cananga odorata 15 mL

# dōTERRA®

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Therapeutic Grade®

**Oil Attribute Panel:** A T I N

**Plant Part:** Flower

**Extraction Method:** Steam distillation

**Aromatic Description:** Warm, sweet, flowery, and woody

**Main Chemical Components:**  $\beta$ -Caryophyllene  
Germacrene D

## PRIMARY BENEFITS

- Reduces stress and promotes calmness
- May soothe the nervous system and support cellular function\*
- Balancing and stimulating to the skin
- Supports overall immune system function throughout the body\*

### Cananga

Cananga odorata 15 mL

Wholesale: \$55.00

PV: 55

\*not available for individual sale



## PRODUCT DESCRIPTION

The cananga tree is native to tropical Asia and a member of the sugar apple family. Traditionally used in Ayurvedic health practices, Indonesians place cananga flowers on honeymooners' pillows to guarantee a happy life. Extracted by steam distillation, Cananga essential oil comes from its vibrant yellow flowers. The same tree provides Ylang Ylang oil, although Cananga has higher amounts of  $\beta$ -Caryophyllene. Cananga essential oil can help reduce occasional feelings of anxiousness or stress. It may soothe the nervous system and support cellular function.\* When looking for a natural mood elevator, Cananga improves attitude and induces calmness. Cananga is a natural alternative for promoting a clear, healthy-looking complexion and is especially soothing to the skin.

## USES

- Take one to two drops in a veggie cap to promote healthy cellular function while soothing the nervous system.\*
- Add two to three drops to a warm Epsom salt bath to create a soothing and relaxing experience.
- Mix with your favorite dōTERRA skin care moisturizer to support clear, healthy-looking skin.
- Add one to three drops into diffuser to feel calm and at peace.
- Take internally to help promote a healthy nervous system and support cellular function.\*

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute one drop in four fluid ounces of liquid or use in a veggie-cap.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.