dōTERRA Anchor
Steadying Blend 5mL

dōTERRA®

CPTG Certified Pure Tested Grade™

Application: A T N

Ingredients: Lavender, Cedarwood, Frankincense, Cinnamon Bark, Sandalwood, Black Pepper, and Patchouli essential oils in a base of Fractionated Coconut Oil

Aromatic Description: Rich, earthy, spicy, woody

PRIMARY BENEFITS

- Complements an effective yoga practice
- Diffuse while setting intentions about moving forward with a steady foundation

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Part Number: 60203245
Wholesale: $20.00
Retail: $26.67
PV: 20

Also Available in:
Yoga Collection
Part Number: 60203244

PRODUCT DESCRIPTION

Sometimes in this crazy-busy, modern world, you feel uprooted and unsure of yourself, with a mile long to-do-list and uncertain priorities. Finding balance through aromatherapy and simple yoga moves can be an excellent first step. Let dōTERRA Anchor Steadying Blend enhance your journey toward a firm trust in yourself. Featuring Lavender, Cedarwood, Sandalwood, Cinnamon, Frankincense, Black Pepper, and Patchouli essential oils in a base of Fractionated Coconut Oil, this blend offers a rich aroma. Use it with poses that support your connection to yourself, your community, your emotional harmony, and your innate wisdom.

USES

- Apply to ankles, base of spine, and bottoms of feet.
- Enjoy the aromatic benefits of Anchor whenever you are feeling scattered or uprooted.
- The perfect yoga poses to pair with Anchor's aroma are Seated Meditation, Seated Twist, and Bhu Mudra (one hand on the heart, the other on the Earth).
- Can be used during yoga practice or any time during your day.

DIRECTIONS FOR USE

Aromatic use: Apply several drops to diffusing jewelry, natural dolomite, or lava diffusing rocks.

Topical use: Apply one to two drops to desired area. See additional precautions below

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.