

Oil Name Conversion Bookmark

dōTERRA's Name →



The Essential Life,
Emotions and Essential Oils,
Modern Essentials, and ITOVI
(new editions use dōTERRA names)

Adaptive	Calming
Align	Centering 🧘
Amāvī	Men's Fortifying 🧘
Anchor	Steadying 🧘
Arise	Enlightening
AromaTouch	Massage
Balance	Grounding 🧘🧘
Beautiful	Captivating ✨
Brave	Courage (Children's) 🧘
Breathe (🇺🇸) or Easy Air	Respiration, Respiratory
Calmer	Restful (Children's) 🧘
Cheer	Uplifting 🌈
Citrus Bliss	Invigorating 🧘
ClaryCalm	Woman's Monthly, Monthly, Woman's Monthly
Console	Comforting 🌈
DDR Prime	Cellular Complex, Cellular
Deep Blue or Ice Blue (🇺🇸)	Soothing 🧘
DigestZen or ZenGest (🇨🇦)	Digestion, Digestive
Elevation	Joyful 🧘
Forgive	Renewing 🌈
HD Clear or HD Clean (🇨🇦)	Skin Clearing, Topical
Holiday Joy	Holiday ✨
Immortelle or Salubelle (🇺🇸)	Anti-Aging
InTune	Focus
Motivate	Encouraging 🌈
On Guard	Protective 🧘
Passion	Inspiring 🌈
PastTense	Tension, Headache Relief
Peace	Reassuring 🌈
Purify	Cleansing
Rescuer	Soothing (Children's) 🧘
Serenity or Lavender Peace (🇺🇸)	Restful 🧘
Slim & Sassy (🇺🇸) or Smart & Sassy	Metabolic
Steady	Grounding (Children's) 🧘
Stronger	Protective (Children's) 🧘
Sunny Citrus	Sunshine ✨
Tamer	Digestive (Children's) 🧘
TerraShield or TerraArmour (🇺🇸)	Repellent, Outdoor
Thinker	Focus (Children's) 🧘
TriEase Softgels	Seasonal Softgels
Whisper	Woman's Perfume, Woman's, Blend for Women
Zendocrine	Detoxification

The blends Aspire, Dream, Harvest Spice, Holiday Peace, Hope, Limitless, One, Together, and Radiant are special edition blends that either don't appear in the guides or use the same name in the guides. ✨

- 🌈 - Emotional Aromatherapy Collection
- 🧘 - Kid's Collection
- 🧘 - Mood Management Collection
- 🧘 - Yoga Collection
- ✨ - Special Edition Blends
- 🧘 - Used in the AromaTouch Technique

Last Updated Dec 2019

benbalden.com/bookmark

Oil Name Conversion Bookmark

The Essential Life,
Emotions and Essential Oils,
Modern Essentials, and ITOVI
(new editions use dōTERRA names)

dōTERRA's Name →



Anti-Aging	Immortelle or Salubelle (🇺🇸)
Calming	Adaptive
Captivating	Beautiful ✨
Cellular Complex, Cellular	DDR Prime
Centering	Align 🧘
Cleansing	Purify
Comforting	Console 🌈
Courage (Children's)	Brave 🧘
Detoxification	Zendocrine
Digestion, Digestive	DigestZen or ZenGest (🇨🇦)
Digestive (Children's)	Tamer 🧘
Encouraging	Motivate 🌈
Enlightening	Arise
Focus	InTune
Focus (Children's)	Thinker 🧘
Grounding	Balance 🧘🧘
Grounding (Children's)	Steady 🧘
Holiday	Holiday Joy ✨
Inspiring	Passion 🌈
Invigorating	Citrus Bliss 🧘
Joyful	Elevation 🧘
Massage	AromaTouch
Men's Fortifying	Amāvī 🧘
Metabolic	Slim & Sassy (🇺🇸) or Smart & Sassy
Protective	On Guard 🧘
Protective (Children's)	Stronger 🧘
Reassuring	Peace 🌈
Renewing	Forgive 🌈
Repellent, Outdoor	TerraShield or TerraArmour (🇺🇸)
Respiration, Respiratory	Breathe (🇺🇸) or Easy Air
Restful	Serenity or Lavender Peace (🇺🇸) 🧘
Restful (Children's)	Calmer 🧘
Seasonal Softgels	TriEase Softgels
Skin Clearing, Topical	HD Clear or HD Clean (🇨🇦)
Soothing	Deep Blue or Ice Blue (🇺🇸) 🧘
Soothing (Children's)	Rescuer 🧘
Steadying	Anchor 🧘
Sunshine	Sunny Citrus ✨
Tension, Headache Relief	PastTense
Uplifting	Cheer 🌈
Woman's Monthly, Monthly, Woman's Monthly	ClaryCalm
Woman's Perfume, Woman's, Blend for Women	Whisper

The blends Aspire, Dream, Harvest Spice, Holiday Peace, Hope, Limitless, One, Together, and Radiant are special edition blends that either don't appear in the guides or use the same name in the guides. ✨

- 🌈 - Emotional Aromatherapy Collection
- 🧘 - Kid's Collection
- 🧘 - Mood Management Collection
- 🧘 - Yoga Collection
- ✨ - Special Edition Blends
- 🧘 - Used in the AromaTouch Technique

Last Updated Dec 2019

benbalden.com/bookmark

Oil Name Conversion Bookmark

dōTERRA's Name →



The Essential Life,
Emotions and Essential Oils,
Modern Essentials, and iTOVI
(new editions use dōTERRA names)

Adaptive	Calming
Align	Centering 🧘
Amāvī	Men's Fortifying 🧘
Anchor	Steadying 🧘
Arise	Enlightening
AromaTouch	Massage
Balance	Grounding 🧘🧘
Beautiful	Captivating ✨
Brave	Courage (Children's) 🧘
Breathe (🇺🇸) or Easy Air	Respiration, Respiratory
Calmer	Restful (Children's) 🧘
Cheer	Uplifting 🌈
Citrus Bliss	Invigorating 🧘
ClaryCalm	Woman's Monthly, Monthly, Woman's Monthly
Console	Comforting 🌈
DDR Prime	Cellular Complex, Cellular
Deep Blue or Ice Blue (🇺🇸)	Soothing 🧘
DigestZen or ZenGest (🇨🇦)	Digestion, Digestive
Elevation	Joyful 🧘
Forgive	Renewing 🌈
HD Clear or HD Clean (🇨🇦)	Skin Clearing, Topical
Holiday Joy	Holiday ✨
Immortelle or Salubelle (🇺🇸)	Anti-Aging
InTune	Focus
Motivate	Encouraging 🌈
On Guard	Protective 🧘
Passion	Inspiring 🌈
PastTense	Tension, Headache Relief
Peace	Reassuring 🌈
Purify	Cleansing
Rescuer	Soothing (Children's) 🧘
Serenity or Lavender Peace (🇺🇸)	Restful 🧘
Slim & Sassy (🇺🇸) or Smart & Sassy	Metabolic
Steady	Grounding (Children's) 🧘
Stronger	Protective (Children's) 🧘
Sunny Citrus	Sunshine ✨
Tamer	Digestive (Children's) 🧘
TerraShield or TerraArmour (🇺🇸)	Repellent, Outdoor
Thinker	Focus (Children's) 🧘
TriEase Softgels	Seasonal Softgels
Whisper	Woman's Perfume, Woman's, Blend for Women
Zendocrine	Detoxification

The blends Aspire, Dream, Harvest Spice, Holiday Peace, Hope, Limitless, One, Together, and Radiant are special edition blends that either don't appear in the guides or use the same name in the guides. ✨

- 🌈 - Emotional Aromatherapy Collection
- 🧘 - Kid's Collection
- 🧘 - Mood Management Collection
- 🧘 - Yoga Collection
- ✨ - Special Edition Blends
- 🧘 - Used in the AromaTouch Technique

Last Updated Dec 2019

benbalden.com/bookmark

Oil Name Conversion Bookmark

The Essential Life,
Emotions and Essential Oils,
Modern Essentials, and iTOVI
(new editions use dōTERRA names)

→ dōTERRA's Name



Anti-Aging	Immortelle or Salubelle (🇺🇸)
Calming	Adaptive
Captivating	Beautiful ✨
Cellular Complex, Cellular	DDR Prime
Centering	Align 🧘
Cleansing	Purify
Comforting	Console 🌈
Courage (Children's)	Brave 🧘
Detoxification	Zendocrine
Digestion, Digestive	DigestZen or ZenGest (🇨🇦)
Digestive (Children's)	Tamer 🧘
Encouraging	Motivate 🌈
Enlightening	Arise
Focus	InTune
Focus (Children's)	Thinker 🧘
Grounding	Balance 🧘🧘
Grounding (Children's)	Steady 🧘
Holiday	Holiday Joy ✨
Inspiring	Passion 🌈
Invigorating	Citrus Bliss 🧘
Joyful	Elevation 🧘
Massage	AromaTouch
Men's Fortifying	Amāvī 🧘
Metabolic	Slim & Sassy (🇺🇸) or Smart & Sassy
Protective	On Guard 🧘
Protective (Children's)	Stronger 🧘
Reassuring	Peace 🌈
Renewing	Forgive 🌈
Repellent, Outdoor	TerraShield or TerraArmour (🇺🇸)
Respiration, Respiratory	Breathe (🇺🇸) or Easy Air
Restful	Serenity or Lavender Peace (🇺🇸) 🧘
Restful (Children's)	Calmer 🧘
Seasonal Softgels	TriEase Softgels
Skin Clearing, Topical	HD Clear or HD Clean (🇨🇦)
Soothing	Deep Blue or Ice Blue (🇺🇸) 🧘
Soothing (Children's)	Rescuer 🧘
Steadying	Anchor 🧘
Sunshine	Sunny Citrus ✨
Tension, Headache Relief	PastTense
Uplifting	Cheer 🌈
Woman's Monthly, Monthly, Woman's Monthly	ClaryCalm
Woman's Perfume, Woman's, Blend for Women	Whisper

The blends Aspire, Dream, Harvest Spice, Holiday Peace, Hope, Limitless, One, Together, and Radiant are special edition blends that either don't appear in the guides or use the same name in the guides. ✨

- 🌈 - Emotional Aromatherapy Collection
- 🧘 - Kid's Collection
- 🧘 - Mood Management Collection
- 🧘 - Yoga Collection
- ✨ - Special Edition Blends
- 🧘 - Used in the AromaTouch Technique

Last Updated Dec 2019

benbalden.com/bookmark