

Oils of the Bible

Objective

- Show reverence to God's intelligence & creations
- Feel God's love for you
- How does all this apply to you?

*“And they went out...and they anointed with oil many that were sick and healed them.” **Mark 6:12-13***

The Healing lessons

God can heal us in an instant, but most times he will not interfere. He lovingly allows us to learn and grow from our discomforts.

“And Moses made a serpent of brass, and put it upon a pole, and it came to pass, that if a serpent had bitten any man, when he beheld the serpent of brass, he lived.”—

Numbers 21: 9 Look up and heal

As we become more spiritually aware, we will see that any physical imbalance is related to a spiritual imbalance



We can get the gift of healing



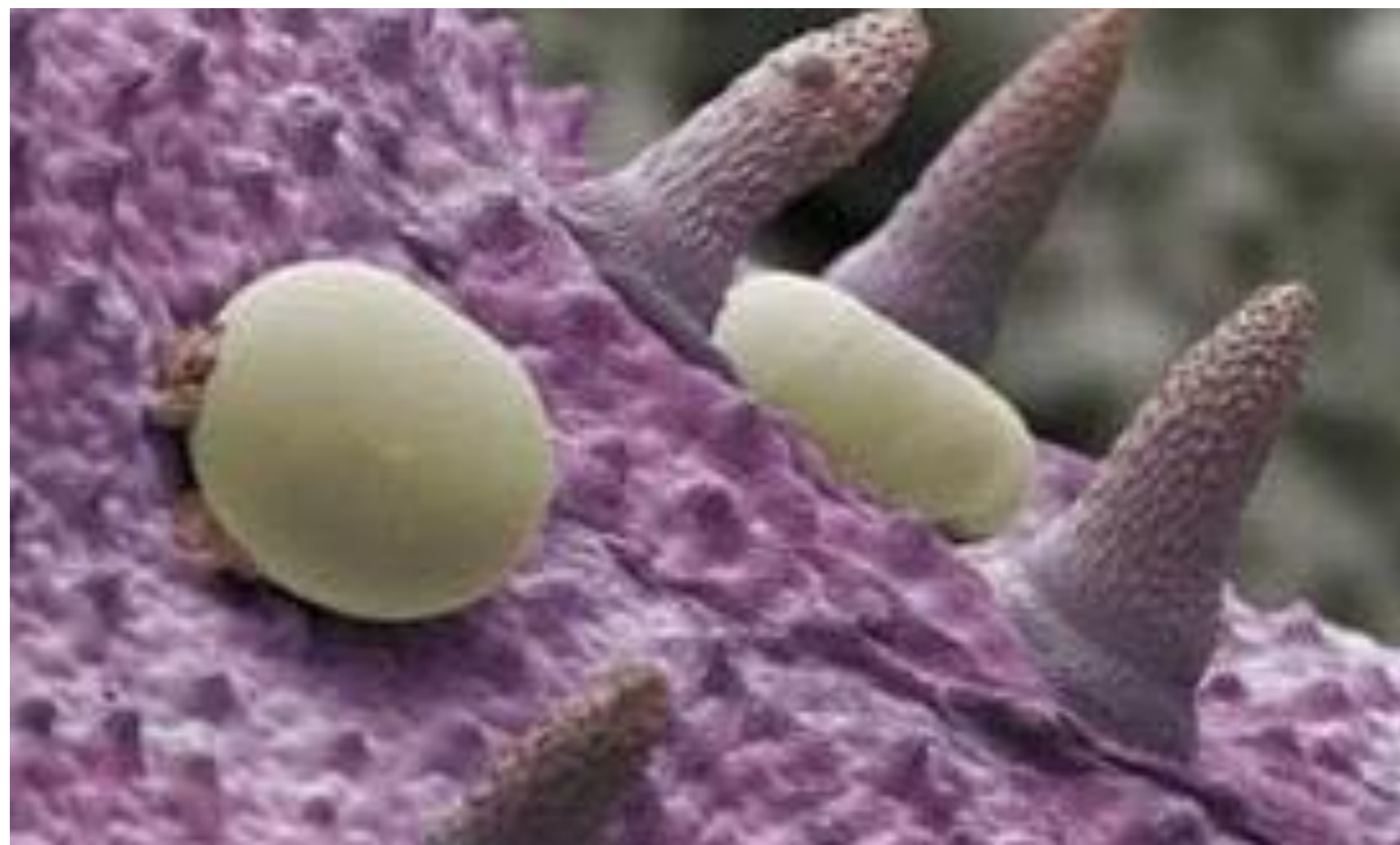
Seek to be healed and then heal others

“And he sent them to preach the kingdom of God, and to heal the sick.” — **Luke 9: 2**

“Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.” — **Matthew 7:7**

What is an essential oil?

- ◆ Natural aromatic compounds found in plants
- ◆ Steam distilled or cold pressed extraction
- ◆ Powerful, safe benefits without side effects
- ◆ 50 to 70x more powerful than herbs



(Oil sacs on peppermint leaf)

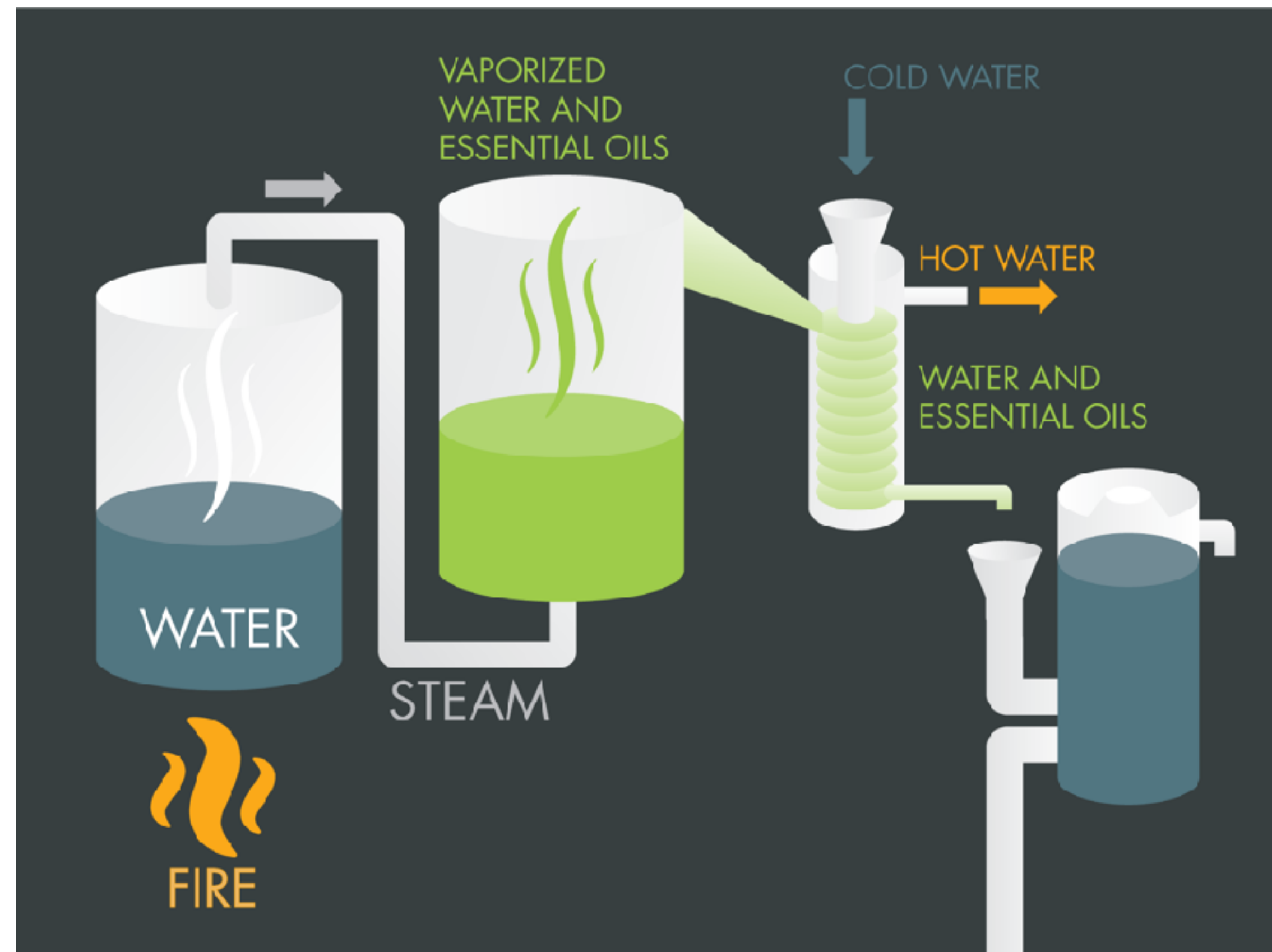
Ezekiel 47:12

“Their fruit [from trees] will be for food and their leaves for healing.”

CPTG

CERTIFIED PURE THERAPEUTIC GRADE®

- **PURE**—100% natural, no artificial ingredients, fragrances, or fillers
- **SAFE**—Certified to be free of pesticides and other chemical residues
- **POTENT**—Standardized active compounds



It is very concentrated



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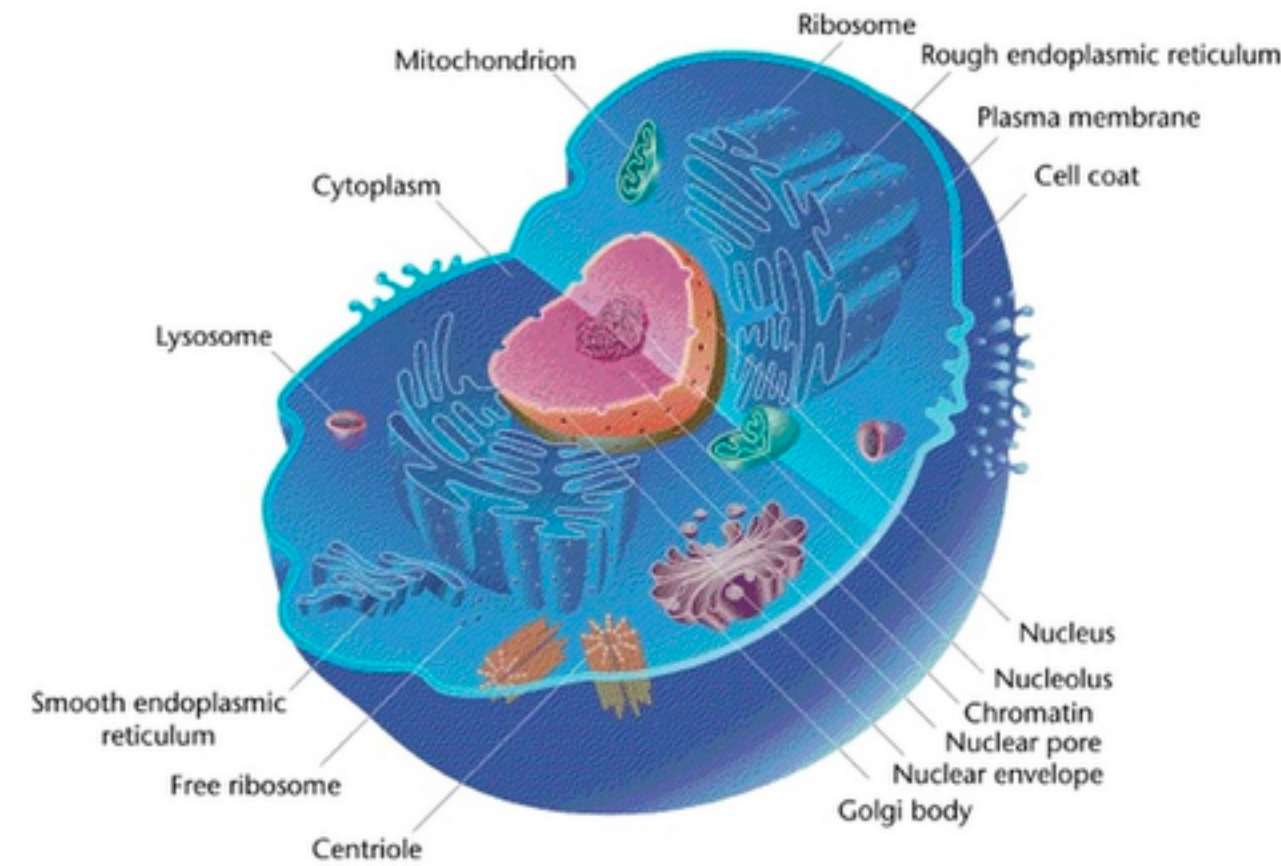


ONE drop of peppermint essential oil is equivalent to 28 cups of peppermint tea!



Properties of essential oils

Invigorates
Protective
Beautifying
Clears airways*
Digestive Support*
Cleansing
Detoxifying*
Insect repellent
Immune System Strengthenener
Calms moods and emotions



Environmental threat protection
Relaxing and calming
Uplifts and manages moods
Purifies and cleanses*
Balances energy systems*
Renewing and regenerating*
Supports healthy cell function*
Soothes occasional stomach upset
Supports nervous system*
Reduces skin imperfections

Essential Oils Have Been Used for 1,000's of Years!

Essential oil Aromatic uses



Diffuse:

- Impact mood/emotions
- Open airways
- Cleanse environment



Essential oil Topical uses

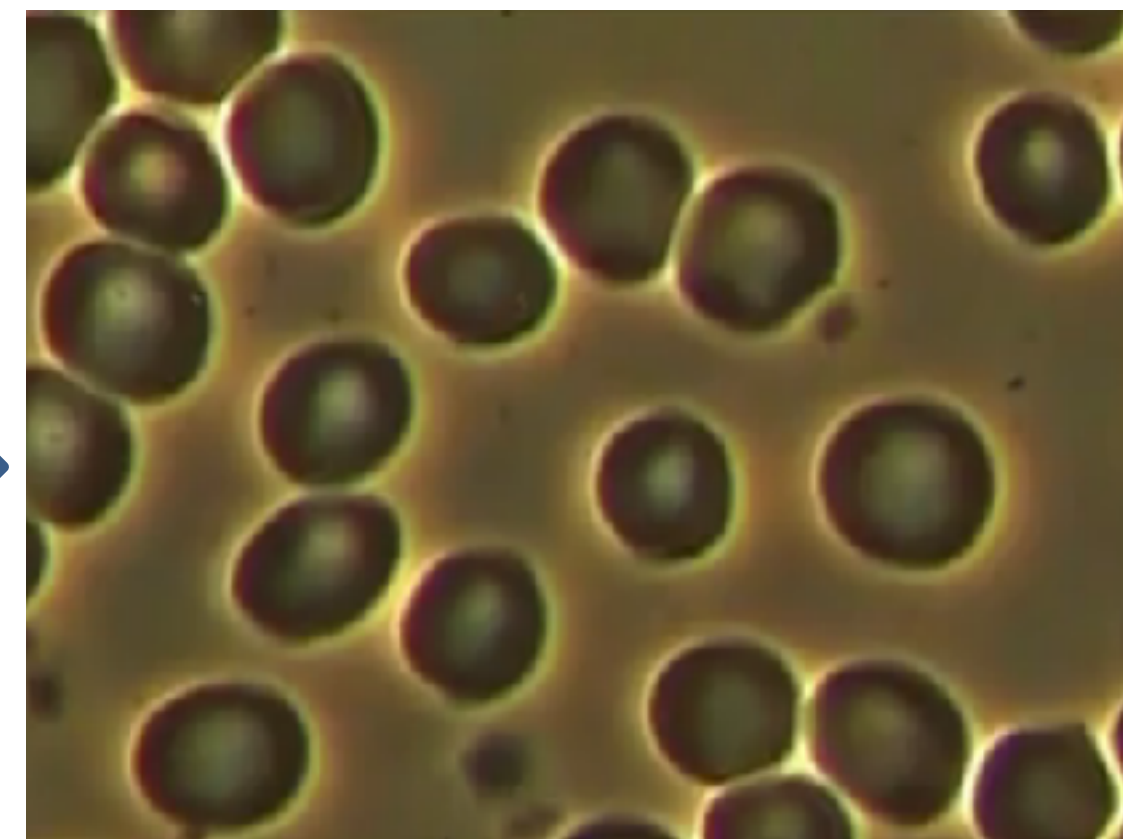
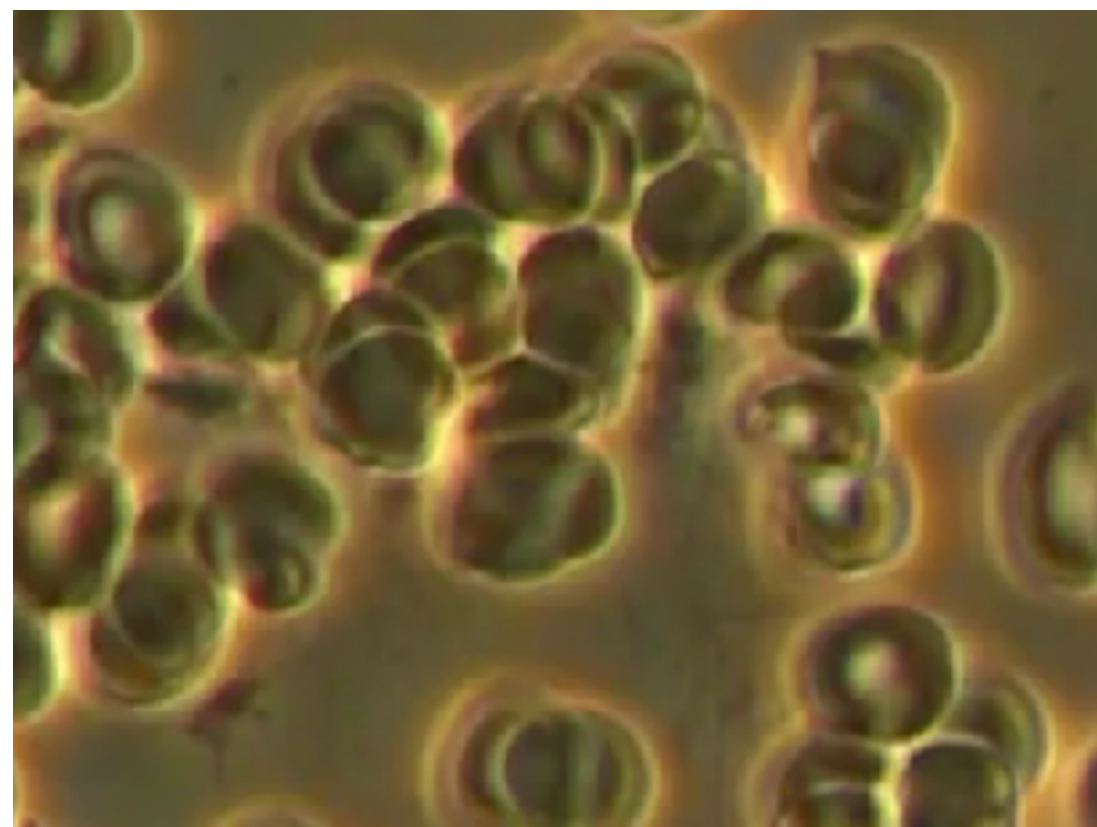
Apply directly to skin for:

- systemic
- localized effects



Before

1 drop after
30 Seconds



Melaleuca oil

MRSA healed with essential oils



day 1



day 2



day 3



day 5



1 month
later

Essential oil Internal uses



- digestive support
- organ support
- mouth & throat



Essential oil Safety

- Very safe and gentle with few side effects
- Keep out of eyes, ears, and nose
- Dilute with carrier oil, not water
- Skin sensitivity primary safety issue
- Follow all label directions



Get a wholesale account

Benefits:

- 25% off Retail price
- No obligations
- Delivery to your home
- Earn free products points on purchases
- Participate in product promotions and more

The Five Stages of Healing

Essential oils:

1. assist in healing the physical body
2. assist in healing the heart
3. assist in releasing limiting beliefs
4. increase spiritual awareness and connection
5. inspire the fulfillment of our life's purpose

Book: Emotions & Essential Oils: A Modern Resource for Healing

www.enlightenedhealing.com/deo/

Literal Language of the Body

“...for thou art a **stiffnecked** people” Exodus 33:3

“40 He hath blinded their eyes, and **hardened their heart**; that they should not see with their eyes, nor understand with their heart, and be converted, and I should heal them.” John 12:40

“For this people’s **heart is waxed gross**, and their **ears are dull of hearing**, and their **eyes they have closed**; lest at any time they should see with their eyes, and hear with their ears, and should understand with their heart, and should be converted, and I should heal them.” Matthew 13:15

“Because I knew that thou art obstinate, and thy neck is an iron sinew, and thy brow brass;” Isaiah 48:4

Literal Language of the Body

Head: impatient with self, holding onto limitation

Neck: inflexible state of mind

Shoulders: baring burden that doesn't belong to you

Right arm: not giving enough for self (physically)

Left arm: not receiving enough for self spiritually

Elbow: inability to accept new experiences

Hip: fear making major decisions

Knees: inflexible, stubbornness

Fat: feel a need for protection

Ankle: guilty, fear of failing

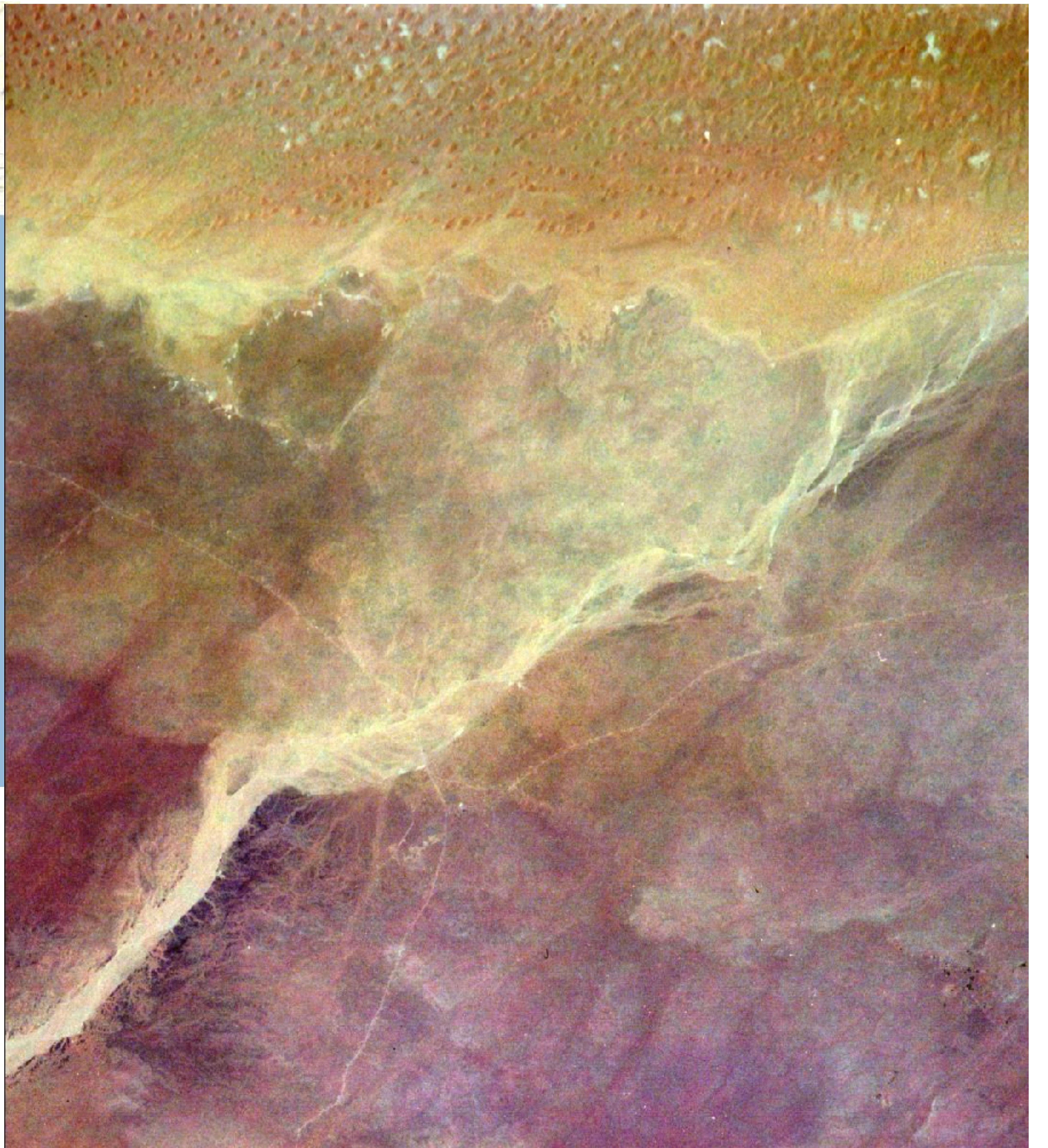
Feet: fear of future

Valuable essential oils



“There is treasure to be desired and oil in the dwelling of the wise; but a foolish man spendeth it up.” — **Proverbs 21:20**

“a caravan of Ishmaelites [traveling spice merchants] coming from Gilead with their camels carrying gum, balm and resin, on their way carrying it down to Egypt.” — **Genesis 37:25**



Ubar and Petra



- Secure storehouse
- Lost cities



The Good Samaritan

“And went to him, and bound up his wounds, **pouring in oil** and wine, and set him on his own beast, and brought him to an inn, and took care of him.”— **Luke 10: 34**



Anointing & setting apart



“And thou shalt anoint Aaron and his sons, and consecrate them, that *they* may minister unto me in the priest’s office.”—**Exodus 30:30**

Moses



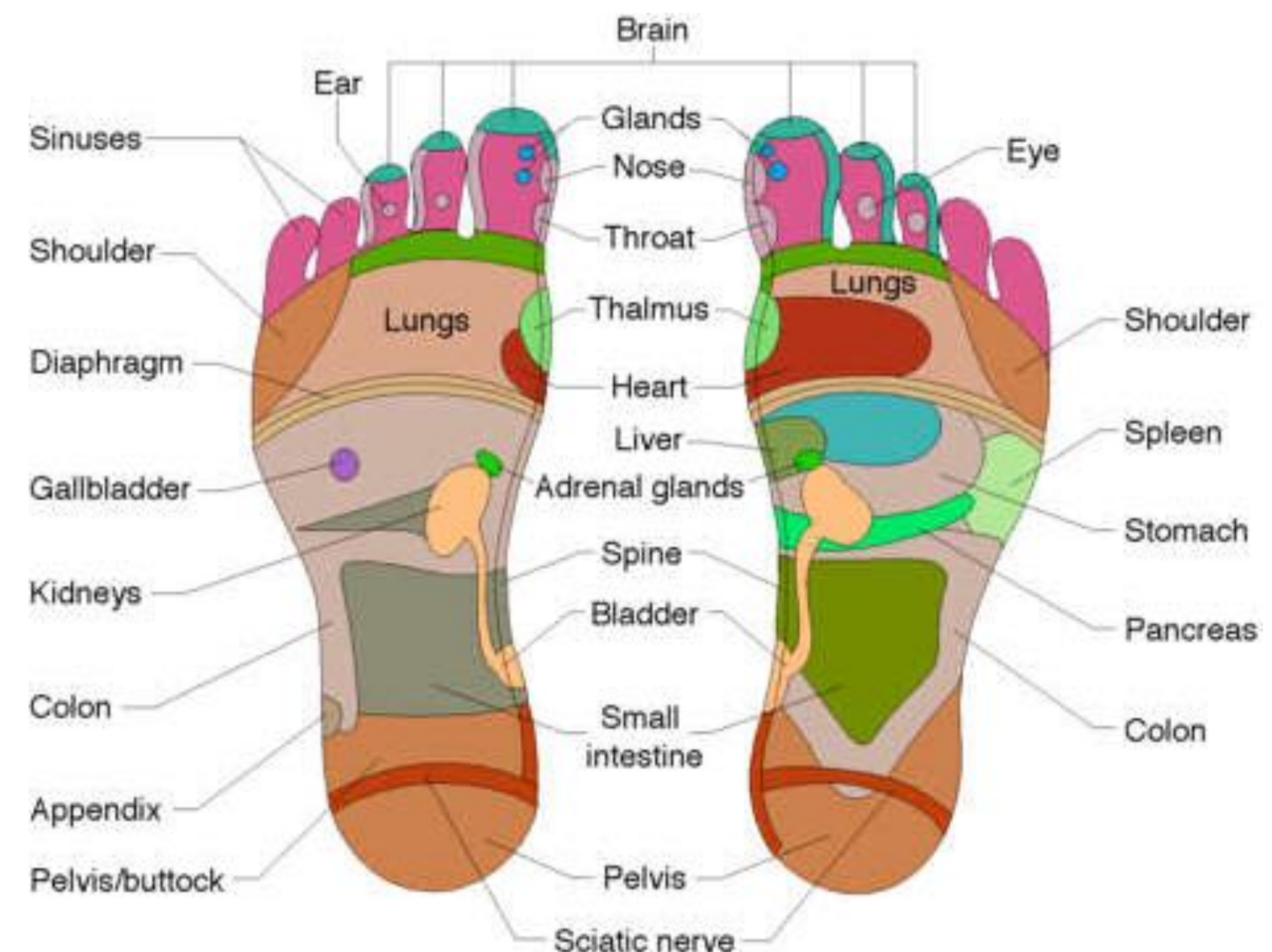
Moses was given a formula of myrrh, cinnamon, cassia, calamus all mixed in virgin olive oil.

Refer to Exodus 30: 23-38

Reflexology

Leviticus 14:28

- 28 And the priest shall put of the oil that is in his hand upon the tip of the right ear of him that is to be cleansed, and upon the thumb of his right hand, and upon the great toe of his right foot, upon the place of the blood of the trespass offering:



Egyptian Reflexology Treatment



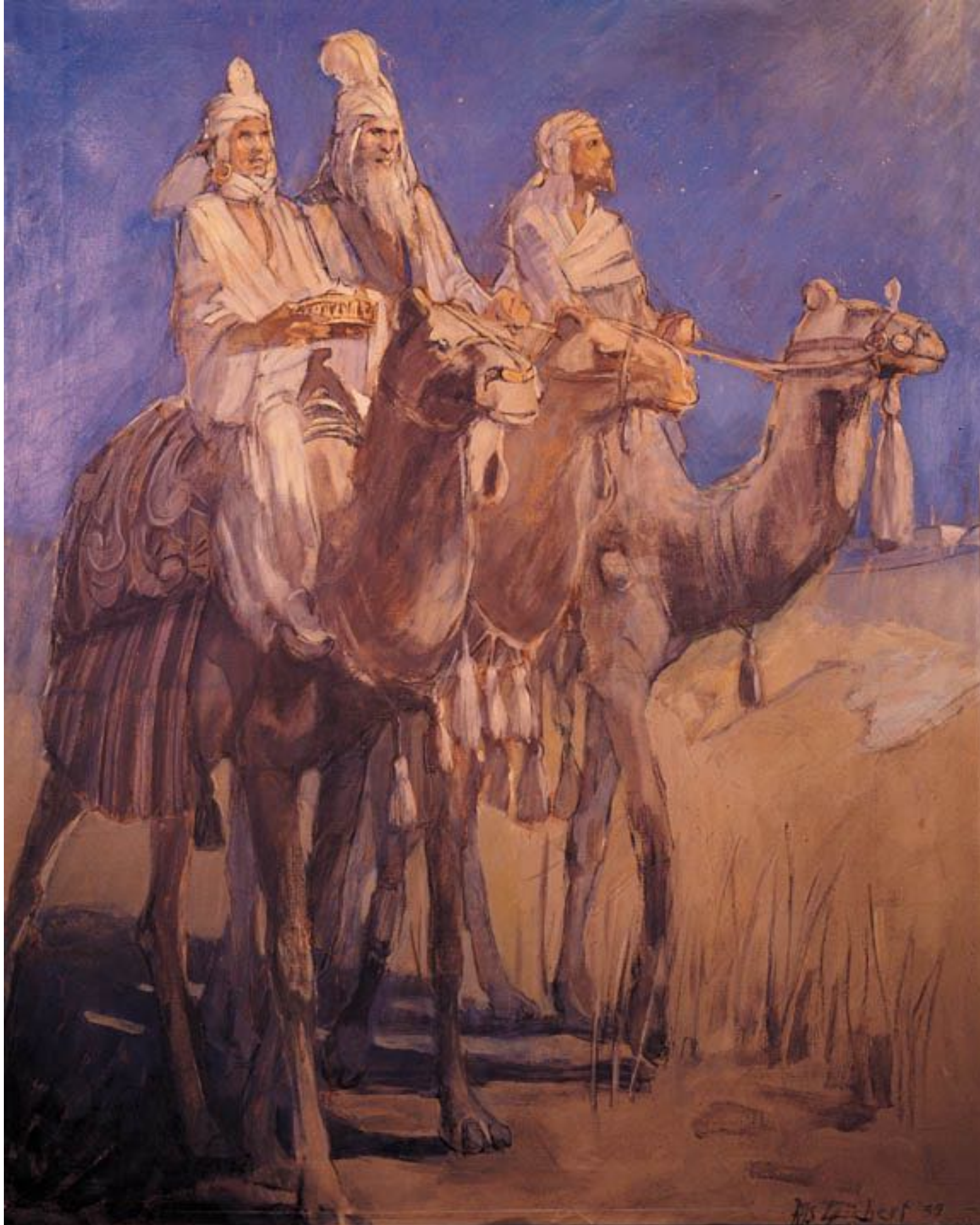
- Chinese people used it 5000 years ago

EARLY 6th DYNASTY ABOUT 2,330 B.C. WALL PAINTING IN TOMB OF ANKHMAHOR

The birth of Christ

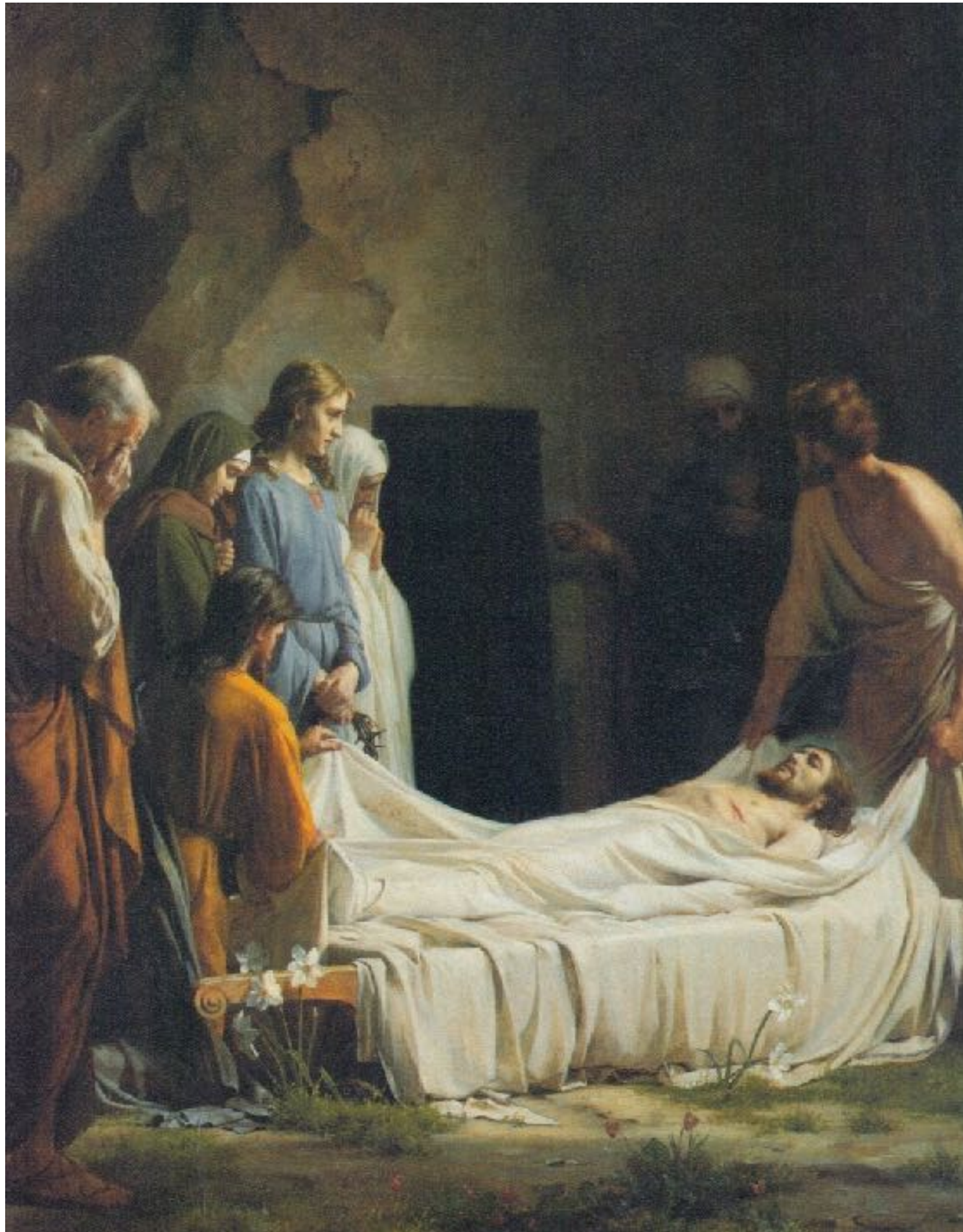


Gifts of the Wisemen



“11 And when they were come into the house, they saw the young child with Mary his mother, and fell down, and worshipped him: and when they had opened their treasures, they presented unto him gifts; gold, and frankincense, and myrrh.” —**Matt.2:11**

The Burial of Jesus Christ



“Then took they the body of Jesus, and wound it in linen clothes with the spices, as the manner of the Jews is to bury.”—**John 19:40**

Queen Esther



“Now when every maid’s turn was come to go in to king Ahasuerus, after that she had been twelve months, according to the manner of the women, (for so were the days of their purifications accomplished, to wit, six months with oil of myrrh, and six months with sweet odours, and with other things for the purifying of the women;”

—**Esther 2:12**



Ebers Papyrus
1550 BC

Frankincense

Frankincense – The King of Oils







Grades of Frankincense

Frankincense



- ◆ King of Oils
- ◆ Immune support
- ◆ Take one drop under tongue daily
- ◆ Take internally daily for systemic support
- ◆ Add to skin creams
- ◆ Add to diffusing blends for mood uplifting



Frankincense



- ◆ Oil of Truth
- ◆ Connecting back to Heavenly Father
- ◆ - Used to release emotions of abandonment, spiritually disconnected, distant from father, unprotected, spiritual darkness.
- ◆ +Used to support positive emotions of being enlightened, loved, protected, wisdom, discernment, spiritually open, connection with father

Myrrh

- ◆ Preservative qualities for embalming
- ◆ Spiritual enhancement
- ◆ Midwives used this in childbirth
- ◆ Add to skin creams
- ◆ Enhances Frankincense
- ◆ Similar properties to Frankincense
- ◆ Used in perfumes

“I have perfumed my bed with myrrh, and aloe, and cinnamon” (Proverbs 7:17).



Myrrh *(Commiphora myrrha)*



- Oil of Mother Earth
- Connect to early mother
- - Disrupted maternal connection, distrust of others, feeling unsafe in the world, malnourished
- + Feeling safe in the world, healthy attachments, trusting the goodness of life, bonded, maternal connection, nurtured, loved

Sandalwood - Aloes



“And there came also Nicodemus, which at the first came to Jesus by night, and brought a mixture of myrrh and aloes, about seventy-five pounds. Taking Jesus’ body, Joseph and Nicodemus wrapped it with spices in strips of linen. This was in accordance with Jewish burial customs.” (John 19:39-40).

Many scholars believe when the bible refers to aloes, it is referring to Sandalwood. Many botanists also believe that aloes was derived from sandalwood, one of the oldest incenses known to man.

Sandalwood



- ◆ Preservative qualities for embalming
- ◆ Spiritual enhancement
- ◆ Midwives used this in childbirth
- ◆ Add to skin creams
- ◆ Similar properties to enhances Frankincense
- ◆ Oil of sacred devotion
 - ◆ - Overthinking, materialism, emptiness
 - ◆ + Humility, spiritual devotion, prayer, spiritual clarity, stillness, surrender

Cedarwood

- Preservative qualities for embalming
- Rub on big toes & diffuse for more relaxing sleep
- Promotes clear, healthy moisturized skin
- Relaxing and soothing aroma is perfect for massage therapy (joy)
- Bug repellent (kills bed bug and its eggs)
- Oil of Community
- - inability to form bonds, antisocial
- +connected, supported, joy in relationships

Leviticus Chapter 13 & 14 “Oil of log”



Cassia

*“All thy garments smell of myrrh, and aloes,
and cassia, out of the ivory palaces,
whereby they have made thee glad” —
Psalm 45:8*



Cassia

- Supports healthy insulin response
- Warming
- Dilute and massage to cold hands and feet
- Oil of Self-Assurance
- - Embarrassed, hiding, fear, humiliated, insecure, judged, shy, worthless
- + Courageous, self-assured, unashamed, confidence, valuable, authentic



Cinnamon

*Take thou also unto thee principal spices, of pure myrrh five hundred shekels, and of sweet cinnamon half so much, even two hundred and fifty shekels, and of sweet calamus two hundred and fifty shekels, — **Exodus 30:23***



*“I have perfumed my bed with myrrh, aloes, and cinnamon.”— **Proverbs 7:17***

Cinnamon



- Comes from bark
- Supports healthy insulin response
- Used as a perfume
- Cleansing & digestive properties
- Use for anointing
- Oil of Sexual Harmony
- - body rejection, fear, controlling
- + Body acceptance, attractive, harmony

Cypress



The cypress tree is renowned for its durability. The sturdy cypress doors of St. Peter's in Rome, for example, show no signs of decay, even after 1,200 years! Some Bible scholars believe that cypress may be the "gopher wood" used to build Noah's Ark.

*"He hewest him down cedars, and
taketh the **cypress** and the oak,
which he strengtheneth for himself
among the trees of the forest" —
(Isaiah 44:14).*

Cypress

- 🔥 Assist in better circulation
- 🔥 Combine with carrier oil for massages
- 🔥 Reduce water retention in legs
- 🔥 Rub on lower abs during long car rides
- 🔥 Oil of motion & flow
- 🔥 - Controlling, fear, perfectionism, rigidity, stuck, tense
- 🔥 + Flexible, trust, flowing with life, adaptable, emotional growth



Genesis 6:14, Isaiah 44:14, 41:19, 1 Kings 9:11, Solomon 1:17

Spikenard

“And being in Bethany in the house of Simon the leper, as he sat at meat, there came a woman having an alabaster box of ointment of spikenard very precious; and she brake the box, and poured *it* on his head” — Mark 14:3

“Then took Mary a pound of ointment of spikenard, very costly, and anointed the feet of Jesus, and wiped his feet with her hair: and the house was filled with the odour of the ointment.”—John 12:3

Song of Solomon 1:12, 4:13, 4:14



Spikenard

- ◆ Has chemical constituents in many areas
- ◆ Relaxing, calming, grounding
- ◆ Healthy skin support
- ◆ Similar to Frankincense
- ◆ Add to uplifting blends
- ◆ Oil of Gratitude
- ◆ - Ingratitude, resistance, victim mentality, greed, selfish, expecting bad luck
- ◆ + Grateful, acceptance, content



Juniper Berry

- ◆ Supportive to organs especially kidneys & bladder
- ◆ Detoxifying
- ◆ Egyptian Kyphi blend
- ◆ Use on your tummy before bed
- ◆ Oil of the night
- ◆ - Irrational fears, recurrent nightmares, restless sleep
- ◆ + Protected, dreaming, courageous, self-aware



Job 30:4

Kyphi is a compound incense that was used in Ancient Egypt for religious and medical purposes

3rd Degree Burn from Boiling water



5 Days after
applying
Lavender and
Melaleuca daily





15 Days Later

with application of lavender



Our Amazing Cells!

- Our bodies have 100 trillion cells
- Each cell has 6 gigabytes of memory
- These 100 trillion cells working together
- How cells communicate:
 1. Nervous system – electrical pulses
 2. Hormones
- These receptor sites can become blocked (by unhealthy diet, pharmaceuticals, toxins in our bodies...)
- Without clean receptor sites, cells cannot communicate, and the body malfunctions resulting in sickness.



God's Amazing Essential Oils

- Tiny molecular structure found in essential oil components make them extremely concentrated.
- One drop contains approx. 40 million-trillion molecules!

40,000,000,000,000,000,000

- We have 100-trillion cells
- Therefore **1 drop of essential oil** contains enough molecules to cover every cell in our bodies with **40,000 molecules**.
- Considering it only takes one molecule of the right kind to open a Receptor Site and communicate with the DNA to alter cellular function, you can see why even **one drop** can have profound effects on the body, brain, and emotions.

He lives

- He lives and loves us
- He has provided for us
- We are sent here to succeed
- You can heal

We are spiritual beings having a physical experience

