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# TOP 10 USES FOR ZENDOCRINE OIL®

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- 1. Kidney, Bladder, Liver Cleansing:** Take 2 of each of Zendocrine softgels & Zendocrine complex twice a day for 10 days or until you see improvements in the functions of these organs.\*
- 2. Uric Acid:** Take 2 of Zendocrine softgels internally and rub the diluted Zendocrine oil over your kidneys. If the uric acid crystals have reached the legs causing swelling and pain, add Lemon oil too. Drink Lemon oil and massage lemon oil on the legs. Drink a lot of water. Work on releasing hardened bitter, angry feelings.\*
- 3. Heavy Metals:** Take 2 of Zendocrine softgels internally and rub Zendocrine oil on the bottom of the feet especially on the big toes. Cleanse 10 days straight and repeat regularly.\*
- 4. Urinary Tract:** Take 1-2 of Zendocrine softgels & 1-2 On Guard softgels internally & rub Zendocrine oil on the bladder area. Resolve fears relating to Kidneys/Bladder.\*
- 5. Healthy Weight:** Take 1-2 of Zendocrine softgels & complex twice a day.
- 6. Gut:** Take 1-2 of each Zendocrine softgels & complex twice a day. Rub Zendocrine oil on the stomach area in the middle of the bottom of feet.\*
- 7. Endocrine & Hormone Balance:** Take 1-2 of each Zendocrine softgels & Zendocrine complex twice a day. Also use the Women's Health Kit.\*
- 8. Adrenal Fatigue & Exhaustion:** Take 1-2 of each Zendocrine softgels & Zendocrine complex twice a day. Rub diluted Zendocrine oil over the Adrenal Glands above the Kidney area morning and night.\*
- 9. Hangover:** Drink 1-3 drops of Zenodcrine in warm water. Do it 2-3 days afterwards too.\*
- 10. Releasing Old Stuff:** Smell and rub on tummy (3rd Chakra).



Rosemary Leaf



Cilantro Leaf



\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.