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# TOP 10 USES FOR DDR PRIME<sup>®</sup> OIL

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- 1. Cellular Protection:** 4-6 drops or 2 softgels internally twice daily to help with healthy cellular responses and protection.
- 2. Healthy Cell Apoptosis:** 4-6 drops or 2 softgels internally twice daily. Consider diluting DDR Prime 1:1 and applying it topically on areas of concern.
- 3. Estrogen & Progesterone:** 4-6 drops or 2-4 softgels internally daily. This blend helps the cells clean up and clear out excess xenoestrogens, which causes much of the hormonal imbalance in the body.
- 4. Detoxing & Cleansing:** 4-6 drops or 2 softgels internally twice daily to Cleanses the whole body especially the gut and organs. This blend contains oils such as Clove that is a powerful antioxidant.
- 5. Inflammatory Response:** Mix 4-6 drops DDR Prime, 3-4 drops Copaiba oil together & massage on area of concern. Take this combination 2-4 times daily to cleanse body to assist the body in healthy inflammatory response.
- 6. Brain & Cognitive Functions:** Take 1-2 softgels of DDR Prime 2-3 times a day. This blend cleanse toxins in the brain cells and encourages proper functions again.
- 7. Oral Cleaning:** Add 2-3 drops of DDR Prime onto a spoon of virgin coconut oil and swish in your mouth for 10 minutes or so each day. This helps cleanse tissues in your mouth and gums.
- 8. Throat:** Gargle 2-3 drops of DDR Prime and swallow to soothe occasional sore throats.
- 9. Digestion:** 2-4 softgels of DDR Prime & DigestZen internally to assist in prolonged digestive imbalance.
- 10. Clean Skin:** Dilute 1:1 DDR Prime & Fractionated Coconut Oil and rub on skin imperfections. Repeat 4-5 times a day for as long as needed.

Frankincense Resin



Thyme



Clove Bud



Lemongrass



Summer Savor



Niaouli



Orange Peel



\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure, or prevent any disease.

