TOP 10 USES FOR COPAIBA OIL

1. **Systemic Support**: Add 1 to 2 drops of Copaiba oil to water, juice, or tea to support the health of the cardiovascular, immune, digestive, nervous, and respiratory system.*

2. **Cellular Health**: Add 1-2 drops Copaiba with your DDR Prime for cellular support.

3. **Gut & Organ Cleansing**: Copaiba provides more than just antioxidant support when ingested.* Regularly take internally.

4. **Nervous System**: Take internally to help soothe and calm the nervous system.* Also, massage Copaiba mixed with Siberian Fir, Frankincense, Patchouli along the spine.

5. **Skin Health**: Combined Copaiba with a carrier oil or put directly into a facial moisturizer and apply often to help keep skin clean and clear, and to help reduce the appearance of blemishes.

6. **Teeth & Gum**: Add Copaiba to your mouth rinse or toothpaste and use daily.

7. **Muscles & Aches**: 6 drops Frankincense, 6 drops Marjoram (or Oregano), 6 drops Lemongrass, 2 drops of Copaiba. Take internally or dilute with Fractionated Coconut oil and rub on topically.

8. **Menstrual Cramps**: Dilute Fractionated Coconut oil and rub on lower abs. Copaiba helps with spasms and circulation.

9. **Head and Neck Tensions**: Apply to temples, forehead, and or take in a capsule.

10. **Relaxing & Calming**: Add to your favorite calming diffuser blends and smell. When we are calm, our blood pressure is more balanced.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.