
TOP 10 USES FOR BLUE TANSY OIL

- 1. Cleansing & Protecting:** Diffuse regularly to keep the immune system strong. Blue Tansy is immunity boosting apply on the bottom of the feet along with other immune boosting oils.
- 2. Skin:** Dilute Blue Tansy oil with Fractionated Coconut Oil and apply on targeted areas. Gently apply on dry irritated skin.
- 3. Watery Itchy Eyes:** Dilute Blue Tansy oil with Fractionated Coconut Oil and apply near eye area and on eye reflex points on hands and feet.
- 4. Relieve Tension & Aches:** Blue Tansy is found in Deep Blue. You can apply it directly on the affected area(s) with or without dilution. Blue Tansy is great for the occasional toothache and sore gums too. Make sure you use it consistently.
- 5. Bug Bites:** You can apply it directly on the affected area(s) with or without dilution. Repeat as needed every few hours.
- 6. Insect Repellent:** Apply on your skin especially pulse points before going out. Diffuse in the air.
- 7. Digestive & Stomach Support:** Dilute Blue Tansy oil with Fractionated Coconut Oil and rub on the tummy. Drink more water during the day.
- 8. Respiratory Support:** Mix Blue Tansy with Eucalyptus and Peppermint in your palms and diffuse to open airways and support the lungs.
- 9. Thyroid & Thymus Balancing:** Mix Blue Tansy with Clove and Lemongrass in a roller bottle. Dilute blend with Fractionated Coconut oil and rub over Thyroid & Thymus areas and corresponding reflex points on feet and hands (on the inside of the bottom of big toes and on the outside of thumbs.)
- 10. Addictions & low self control:** Rub Blue Tansy on Thymus, Thyroid and tummy morning and night. Decided to fully own your power.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

