
TOP 10 USES FOR MELALEUCA OIL

- 1. Clean Skin:** For occasional skin irritations and blemishes apply 1–2 drops of Melaleuca essential oil onto affected area. Great for teens. Combine 1–2 drops with your facial cleanser for added cleansing properties, or apply to skin after shaving.*
- 2. Enhances Immunity:** Add 1–2 drops to water, citrus drinks, or veggie caps to support healthy immune system function. Rub on feet daily.*
- 3. Protection:** Add to blends to protect against environmental threats on a microscopic level. Add a few drops to a spray bottle with water and use on surfaces to protect against environmental threats. Use as a natural hand sanitizer.*
- 4. Clean & Strengthen Nails:** Perfect for cleaning nails (hands & feet) after salon treatments.*
- 5. Air Cleanser:** Diffuse into the air to cleanse and purify.*
- 6. Mouth & Gum Wash:** 1-2 drops of On Guard, 1-2 drops Melaleuca in water. Swish and rinse mouth. Consider oil-pulling with On Guard, Melaleuca and coconut oil.
- 7. Sweet Feet:** 5 drops Melaleuca, 4 drops Eucalyptus, 2 drops Myrrh, 1 drop of Peppermint. Put a few drops on shower floor, especially when visiting hotels.*
- 8. Healthy Boundaries:** Dilute and rub on the bottom of your feet, tummy and perhaps the back of the neck. Say aloud, "I respect myself and allow others to respect me too."
- 9. Respiratory Rub:** 3 drops Frankincense, 2 drops White Fir, 3 drops Melaleuca, & 1 Oz Fractionated Coconut Oil.
- 10. "I-Can-Say-No" Blend:** 1 drop Melaleuca & 1 drop Bergamot mixed in necklace diffuser.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.