
TOP 10 USES FOR CILANTRO OIL

- 1. Connected & Focused Kids:** Dilute & mix Fractionated Coconut Oil and rub on their big toes to assist the body in cleansing toxins.*
- 2. Upset Tummy:** Add 1 drop Cilantro, 1 drop Rosemary in 1/2 glass of warm water stir and sip (Dr.S.Lawton)*
- 3. Liver, Pancreas and Gallbladder Support:** Mix 3 drops Cilantro, 2 drops Bergamot, 3 drops Frankincense, 4 drops Cypress, 2 drops Marjoram, 2 drops Patchouli. Rub on bottom of feet.*
- 4. Stress & Head Tension:** Cilantro is one of the ingredients in Tension Blend. OR Make your own by mixing 1 drop Cilantro, 2 drops Bergamot, 2 drops Sandalwood, and 2 drops Marjoram. Rub on the back of the neck. (Dr.S.Lawton)*
- 5. Heavy Metal Cleansing:** Assist the detoxification of heavy metals from brains and organs when taken internally or applied topically. Use 1-2 drops 2-3 times a day for as long as needed.
- 6. Seasoning:** Add 1 drop into a bowl of salsa & other dishes.
- 7. Immunity Boosting:** Add Cilantro oil to your immunity blend*
- 8. The oil of Releasing Control:** Smell often to relax and ease the mind. Cilantro helps to release the need for control.*
- 9. Obsession and Clingy:** Help create healthier relationships.*
- 10. Gut Care & Sleep:** Sometimes there are too many toxins in our gut and organs making it difficult to sleep through the night. Try mixing 1-2 drops of Cilantro with 1-2 drops of Digestzen and rubbing it on the bottom of the feet morning and night for a few months.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

